TRIPLE TWO

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REAL FOOD, AWESOME COFFEE

ALLERGEN GUIDE

SPRING/SUMMER 2022

INTRODUCTION

ALLERGEN INFORMATION

Allergic reactions can make people very ill and in extreme cases may lead to death. There is no cure for food/drink allergies. The only way someone can avoid getting ill is to make sure they don't consume the foods and drinks they are allergic to.

Ignorance is no excuse. The change in the law means that you will no longer be able to say that you don't know what allergens are in the food and drink you serve. Allergen information must be available when requested. It must be available for food and drink.

For bought in **Pre-Packaged** items e.g. Crisps, the required information is available on the back of the pack.

For **Counter** items e.g. prepared drinks, cakes or sandwiches the information is available in this manual.

REMEMBER

It is particularly important to avoid cross contamination when preparing and serving a customer suffering with allergies to food and/or drink. Cross contamination is where something that could cause harm (such as an allergen, food poisoning bacteria etc.) is transferred from one surface to another. This could occur when a customer who is allergic to soya asks for a latte and the Soya Drink jug is inadvertently used to prepare their drink.

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CONTENTS KEY

Our kitchens are busy places which means that we can't guarantee that our food is suitable for those with allergies.

This useful guide has information about any allergens present in Triple Two's food and drinks.

✔ in a column entitled 'allergen(s) (e.g. wheat gluten) present' indicates that the product contains that allergen & is therefore not suitable for a guest with an allergy or intolerance to it.

The '✔ '/' ✘' in the column entitled 'suitable for Vegetarians/Vegans' details information supplied by the product manufacturer. It does not take into account the in-house storage/preparation methods where cross- contamination issues could render the information void.

'Gluten is a protein component of wheat, rye, barley & oats. When guests/Coeliacs ask about gluten consult the relevant column.

Dairy includes all products containing milk or milk derivatives e.g. cheese, butter, yoghurt.

The Treenuts/nuts column indicates the presence of the following; almonds, Brazils, cashews, hazelnuts, macadamias, pecans, pistachios, walnuts & their respective derivatives.. The tree nut source will be shown in brackets next to the ✔ .

NB: We have taken all reasonable steps to ensure that this table is accurate. Please note this data is accurate up until the point where the products enter the store. Once displayed/heated the allergen status of the products is likely to change. Your statutory rights are not affected.

Please also note that some of our drinks made with Soya Drink may contain other ingredients made from cows' milk.

Please see the Allergy Data for full dietary information.

If a customer asks which allergens are present in a teacake with jam, help them to find the correct data and advise them to read the Contents Key before making their choice.

Allergen Notice

Please note that all of our food is produced in a kitchen that handles food products containing allergens including peanuts, tree nuts, sesame, fish, egg, shellfish (both molluscs and crustaceans), milk, cereals containing gluten, celery/celeriac, soya, mustard and sulphites.

Although precautions are taken to avoid cross contamination it is impossible to fully guarantee complete separation of these allergens at all times.

In this guide, we are able to advise you on the presence of the following allergens in our food:

Eggs, Milk, Fish, Peanuts, Tree Nuts, Sesame, Cereals Containing Gluten, Soya, Celery & Celeriac, Mustard, Sulphur Dioxide and Sulphites.

We do not have Lupin, Crustaceans or Molluscs in our kitchen.

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	Suitable For		Allergens													
	Vegetarians	Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulpher Dioxide
Breakfast																
Original Porridge (allergens depends of milk which is used)	✔	✘		✔ (Oats, Barley, Wheat)												
White Toast (without butter)	✔	✔		✔ (Wheat)											✔	
Brown Toast (without butter)	✔	✔		✔ (Wheat, Barley)											✔	
Sourdough Toast (Creed)	✔	✔		✔ (Rye, Barley, Wheat)												
Belgian Waffle (without topping)	✔	✘		✔ (Wheat)		✔			✔						✔	
American Style Buttermilk Pancakes (served without toppings)	✔	✘		✔ (Wheat)		✔			✔							
Pastries																
Croissant	✔	✘		✔ (Wheat)		✔			✔							
Almond Croissant	✔	✘		✔ (Wheat)		✔			✔			✔ (Almond)				
Pain Aux Raisin	✔	✘		✔ (Wheat)		✔			✔							
Pain Au Chocolat	✔	✘		✔ (Wheat)		✔			✔						✔	
Triple Chocolate Pain Au Chocolat	✔	✘		✔ (Wheat)		✔			✔						✔	
Plain Scone	✔	✘		✔ (Wheat)		✔			✔							
Fruit Scone	✔	✘		✔ (Wheat)		✔			✔							
Luxury Fruit Toast	✔	✘		✔ (Wheat)		✔										
Raspberry Portuguese Tart	✔	✘		✔ (Wheat)		✔			✔							
Portuguese Tart	✔	✘		✔ (Wheat)		✔			✔							
Toasted Teacake (without butter)	✔	✔		✔ (Wheat)												
Hot Cross Bun	✔	✔		✔ (Wheat)												
Ham & Brie Croissant	✘	✘		✔ (Wheat)		✔			✔							
Portobello Mushroom & Brie Croissant	✔	✘		✔ (Wheat)		✔			✔							
Lunch																
Sandwiches																
Mature Cheddar & Pickle Sandwich	✔	✘		✔ (Wheat, Barley, Rye)					✔						✔	✔
Chicken Club Sandwich	✘	✘		✔ (Wheat, Barley, Rye)		✔					✔				✔	
Free Range Egg Mayo & Watercress Sandwich	✔	✘		✔ (Wheat, Barley, Rye)		✔					✔				✔	
Tuna Mayonnaise & Cucumber Sandwich	✘	✘		✔ (Wheat, Barley, Rye)		✔	✔								✔	✔
Smoked Salmon & Cream Cheese Bagel	✘	✘		✔ (Wheat, Barley, Rye)			✔		✔							
Kids Cheese Sandwich	✔	✘		✔ (Wheat, Barley, Rye)					✔						✔	
Kids Ham Sandwich	✘	✘		✔ (Wheat, Barley, Rye)					✔						✔	
Wraps																
Italian Roasted Veg & Avocado Wrap	✔	✔		✔ (Wheat)										✔		
Chicken, Chorizo & Red Onion Hot Wrap	✘	✘		✔ (Wheat)					✔							✔
Baguettes																
Chicken & Bacon Caesar Baguette	✘	✘		✔ (Wheat)		✔			✔							
Brie, Caramelised Onion Chutney & Rocket Baguette	✔	✘		✔ (Wheat)		✔			✔		✔					✔
Salads																
Gym Box Salad	✘	✘				✔					✔			✔	✔	
Buddha Bowl Salad	✔	✔									✔			✔	✔	
Sweet Potato Falafel Salad	✔	✔									✔			✔	✔	

	Suitable For		Allergens													
	Vegetarians	Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulpher Dioxide
Toasties																
Tuna Melt Flatbread	✗	✗		✓ (Wheat, Rye)		✓	✓		✓							✓
Tomato, Mozzarella & Pesto Flatbread	✓	✗		✓ (Wheat, Rye)					✓			✓ (Cashews)			✓	
Portobello Mushroon & Smoked Cheese Toastie	✓	✗		✓ (Wheat)					✓						✓	
BBQ Chicken & Bacon Toastie	✗	✗	✓	✓ (Wheat, Barley)					✓						✓	
Sriracha Chicken & Chorizo Toastie	✗	✗		✓ (Wheat)					✓						✓	
Wiltshire Ham & Cheese Toastie	✗	✗		✓ (Wheat)					✓						✓	
Tomato & Mozzarella Toastie	✓	✗		✓ (Wheat)					✓						✓	
Hot Mains																
Vegan Pulled Beef Chilli & Rice	✓	✓									✓				✓	
Chicken Tikka Masala & Rice	✗	✗							✓							
Teriyaki Chicken & Rice	✗	✗		✓ (Wheat)										✓	✓	
Mac 'n' Cheese	✓	✗		✓ (Wheat)					✓						✓	
Chicken & Bacon Mac 'n' Cheese	✗	✗		✓ (Wheat)					✓						✓	
Chorizo & Broccoli Mac 'n' Cheese	✗	✗		✓ (Wheat)					✓						✓	
Snacks																
Pots																
Strawberry, Kiwi & Grapes	✓	✓														
Red & Green Grapes	✓	✓														
Cakes																
Muffins																
Red Velvet Muffin	✓	✗		✓ (Wheat)		✓			✓							
Sticky Toffee Muffin	✓	✗		✓ (Wheat)		✓			✓						✓	
Double Chocolate Muffin	✓	✗		✓ (Wheat)		✓			✓						✓	
Lemon & White Chocolate Muffin	✓	✗		✓ (Wheat)		✓			✓						✓	
Blueberry Muffin	✓	✗		✓ (Wheat)		✓			✓							
Cakes & Loafs																
Carrot Cake	✓	✗				✓			✓			✓ (Hazelnut)				
Yogurt Apple Blackcurrant Flapjack	✓	✗		✓ (Oats, Wheat)					✓						✓	
Lemon Drizzle Slice	✓	✗				✓			✓							
Rose Battenberg Cake SUMMER	✓	✗		✓ (Wheat)		✓			✓			✓ (Pistachio)				
Traybakes & Buns																
Chocolate Brownie	✓	✓		✓ (Wheat)											✓	
Salted Caramel Brownie	✓	✗		✓ (Wheat)					✓							
Espresso Caramel Brownie	✓	✗				✓			✓						✓	
Caramel Shortbread	✓	✗		✓ (Wheat)					✓						✓	
The Big Rock	✗	✗		✓ (Wheat, Barley)					✓						✓	
Blueberry Bakewell	✓	✓		✓ (Wheat)								✓ (Almonds)				
Dark & Fruity Flapjack (VLG - contains Gluten Free Oats)	✓	✓														
Toasted Coconut & Dark Chocolate Flapjack (VLG - contains Gluten Free Oats)	✓	✓														
Morello Cherry Blondie	✓	✗		✓ (Wheat)		✓			✓						✓	
Sticky Cinnamon Bun	✓	✓		✓ (Wheat, Rye)											✓	
Chocolate & Praline Swirl	✓	✗		✓ (Wheat, Rye)					✓			✓ (Hazelnut)			✓	
Pecan Tart	✓	✗				✓						✓ (Almonds, Pecans)				
Buttermilk Scone	✓	✗		✓ (Wheat)		✓			✓							
Pecan & Salted Toffee Scroll	✓	✗		✓ (Rye, Wheat)					✓			✓ (Pecans)			✓	
Toffee Crispy	✓	✗		✓ (Barley, Oats, Wheat)					✓						✓	
Lemon Tart SUMMER	✓	✗		✓ (Wheat)		✓			✓							✓
Rhubarb & Custard Blondie SUMMER	✓	✗		✓ (Wheat)		✓			✓						✓	
Cookies																
Milk Chocolate Cookie	✓	✗		✓ (Wheat)		✓			✓						✓	
Oat & Raisin Cookie	✓	✗		✓ (Wheat, Oat)		✓			✓							
Triple Chocolate Cookie	✓	✗		✓ (Wheat)		✓			✓						✓	
Mini Egg Cookie	✓	✗		✓ (Wheat)		✓			✓							

	Suitable For		Allergens													
	Vegetarians	Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulpher Dioxide
Extras																
Butter Portions	✔	✘							✔							
Flora Portions	✔	✔														
Marmite Portions	✔	✔	✔	✔ (Barley, Oats, Wheat, Rye)												
Heinz Ketchup Portions	✔	✔	✔	✔ (Barley, Rye)												
HP Brown Sauce Portions	✔	✔		✔ (Barley, Rye)												
Tiptree Strawberry Jam	✔	✔														
Tiptree Orange Marmalade	✔	✔														
Tiptree Honey	✔	✘														
Tate & Lyle Golden Syrup	✔	✔														
Maple & Agave Syrup	✔	✔														
Nutella	✔	✘							✔			✔ (Hazelnut)			✔	
Clotted Cream	✔	✘							✔							
Cooked Streaky Bacon	✘	✘														
Simply Lunch																
Sandwiches																
B.L.T on Granary	✘	✘		✔ (Wheat, Barley)		✔										
Cheddar Ploughman's on Granary	✔	✘		✔ (Wheat, Barley)		✔			✔							
Chunky Egg & Cress on Granary	✔	✘		✔ (Wheat, Barley)		✔					✔					
Smoked Salmon & Cream Cheese on Granary	✘	✘		✔ (Wheat, Barley)			✔		✔							
Veggie New Yorker on Granary Bakers Loaf	✔	✘		✔ (Wheat, Barley)		✔			✔		✔					✔
Chicken & Chorizo on Granary Bakers Loaf	✘	✘		✔ (Wheat, Barley)		✔			✔							
Kids Cheese	✔	✘		✔ (Wheat)					✔							
Kids Ham	✘	✘		✔ (Wheat)												
Wraps																
Falafel & Yoghurt in White Tortilla	✔	✘		✔ (Wheat)		✔			✔					✔		
Chicken Caesar Salad in White Tortilla	✘	✘		✔ (Wheat)		✔			✔							
GLUTEN FREE																
GLUTEN FREE Egg & cress *roll*	✔	✘				✔					✔					
Ciabatta / Foaccia / Panini																
Tuna Melt	✔	✘		✔ (Wheat)		✔	✔		✔		✔					✔
Italian Antipasti Ciabatta	✔	✔		✔ (Wheat)							✔				✔	

	Suitable For		Allergens													
	Vegetarians	Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulpher Dioxide
Breakfast																
Ham & Cheese Croissant	✗	✗		✔ (Wheat)		✔			✔							
British Bacon Rustic Roll	✗	✗		✔ (Rye, Wheat)												
British Sausage & Egg Rustic Roll	✗	✗		✔ (Rye, Wheat)		✔			✔							✔
All Day Breakfast Wrap	✗	✗		✔ (Wheat)		✔			✔							✔
Brekkie Pot	✗	✗				✔										✔
Vegan Brekkie Pot	✔	✔														
Salad Bowls																
Chicken Caesar Salad	✗	✗		✔ (Barley, Wheat)		✔			✔							
Mozzarella Pesto Pasta Salad	✔	✗		✔ (Wheat)		✔			✔		✔				✔	
Toasties & Paninis																
Tuna Melt Panini	✗	✗		✔ (Wheat)		✔	✔		✔							
Vegan Mushroom Toastie	✔	✔		✔ (Wheat, Barley)												
Italian Antipasti Ciabatta	✔	✔		✔ (Wheat)							✔				✔	
Ham & Cheese Toastie	✗	✗		✔ (Wheat)					✔						✔	
BBQ Chicken & Bacon Toastie	✗	✗		✔ (Wheat)												
Cheese & Onion Toastie	✔	✗		✔ (Wheat)					✔						✔	
QUORN																
Vegan Chicken Stuffing Sandwich	✔	✔		✔ (Barley, Oat, Wheat)							✔					
Vegetarian Chicken Caesar Wrap	✔	✗		✔ (Wheat)		✔			✔		✔					✔
Hot Wraps:																
Super Green Burger Wrap	✔	✔		✔ (Wheat)							✔					
Pepperoni Pizza Hot Wrap	✗	✗		✔ (Wheat)					✔							✔
Margherita Pizza Hot Wrap	✔	✗		✔ (Wheat)					✔							✔
Pots																
Mango Yoghurt Granola	✔	✗		✔ (Oats)					✔							
Fruit Salad	✔	✔														
Soup Pots																
Tomato & Basil Soup	✔	✗							✔							
Cauliflower & Turmeric Soup	✔	✔														

	Suitable For		Allergens													
	Vegetarians	Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulpher Dioxide
Tanpopo Sushi																
Natsu Sushi	✗	✗		✓ (Wheat)			✓							✓	✓	
Omega Sushi	✗	✗		✓ (Wheat)	✓		✓							✓	✓	
Tuna & Salmon Sashimi	✗	✗		✓ (Wheat)			✓								✓	
Super Salmon Sushi	✗	✗		✓ (Wheat)		✓	✓							✓	✓	
Salmon Sashimi	✗	✗		✓ (Wheat)			✓							✓	✓	
Big Boy Bento	✗	✗		✓ (Wheat)	✓	✓	✓							✓	✓	
Salmon Sushi & Katsu Side	✗	✗		✓ (Wheat)		✓	✓							✓	✓	
Vege California Rolls & Gyoza Side	✓	✗		✓ (Wheat)		✓							✓	✓	✓	
Salmon & Avocado w/ Gochujang	✗	✗		✓ (Wheat)		✓	✓							✓	✓	
Chicken Katsu w/ Chilli Mayo	✗	✗		✓ (Wheat)		✓								✓	✓	
Spicy Tofu w/ Gochujang Miso	✓	✓		✓ (Wheat)										✓	✓	
Edamame Soy Beans	✓	✓													✓	
Mixed Seafood Poke Salad	✗	✗		✓ (Wheat)	✓	✓	✓								✓	
Chicken Gyoza Box	✗	✗		✓ (Wheat)										✓	✓	
Vege Gyoza Box	✓	✓		✓ (Wheat)										✓	✓	
Surimi & Avocado Crunch Roll	✗	✗		✓ (Wheat)	✓	✓	✓							✓	✓	
Black Rice Vege & Tofu Mix	✓	✓		✓ (Wheat)										✓	✓	
Vege Sushi	✓	✗		✓ (Wheat)		✓			✓			✓ (Cashew, Pine)		✓	✓	
Hot'n'Spicy	✗	✗		✓ (Wheat)	✓	✓	✓							✓	✓	
Fried Tofu & Tempura Rice	✓	✗		✓ (Wheat)		✓								✓	✓	
Teriyaki Salmon & Tempura Rice	✗	✗		✓ (Wheat)		✓	✓							✓	✓	
Spicy Tofu & Mushroom Poke Salad	✓	✓		✓ (Wheat)										✓	✓	
Vege Gyoza Dipper	✓	✓		✓ (Wheat)									✓	✓	✓	
Pumpkin Katsu Dipper	✓	✓		✓ (Wheat)											✓	
Fried Tofu & Edamame Snack	✓	✓		✓ (Wheat)										✓	✓	

	Suitable For		Allergens													
	Vegetarians	Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulpher Dioxide
Galeta Bakery (London only!)																
Croissant	✔	✘		✔ (Wheat)		✔			✔							
Almond Croissant	✔	✘		✔ (Wheat)		✔			✔			✔ (Almonds)				
Pain au Raisin	✔	✘		✔ (Wheat)		✔			✔							
Pain au Chocolat	✔	✘		✔ (Wheat)		✔			✔							
Almond Pain au Chocolat NEW	✔	✘		✔ (Wheat)		✔			✔			✔ (Almonds)				
Blackberry Danish	✔	✘		✔ (Wheat)		✔			✔							
Apricot Danish	✔	✘		✔ (Wheat)		✔			✔							
Apple Danish	✔	✘		✔ (Wheat)		✔			✔							
Lemon & Raspberry Doughnut	✔	✔		✔ (Wheat)												
Lotus Biscoff Doughnut	✔	✔		✔ (Wheat)											✔	
Oreo Doughnut	✔	✔		✔ (Wheat)											✔	
S'more Doughnut	✔	✘		✔ (Wheat)		✔			✔			✔ (Hazelnut)			✔	
Red Velvet & Nutella Doughnut	✔	✘		✔ (Wheat)		✔			✔			✔ (Hazelnut)			✔	
Salted Caramel & Pistachio Doughnut	✔	✘		✔ (Wheat)					✔			✔ (Pistachio)				
Toffee Apple Crumble Doughnut	✔	✘		✔ (Wheat)					✔							
Classic Jam Doughnut	✔	✘		✔ (Wheat)		✔			✔							
Custard Doughnut	✔	✘		✔ (Wheat)		✔			✔							
Nutella Doughnut	✔	✘		✔ (Wheat)		✔			✔			✔ (Hazelnut)			✔	
Lemon Drizzle Crodough	✔	✘		✔ (Wheat)					✔							
Raspberry Crodough	✔	✘		✔ (Wheat)					✔							
Blueberry Muffin	✔	✘		✔ (Wheat)		✔			✔							
Chocolate & Vanilla Muffin	✔	✘		✔ (Wheat)		✔			✔							
Orange & Coconut Muffin	✔	✘		✔ (Wheat)		✔			✔							
Triple Chocolate Muffin	✔	✘		✔ (Wheat)		✔			✔						✔	
Chocolate & Custard Muffin	✔	✘		✔ (Wheat)		✔			✔						✔	
Wholemeal Blueberry & Almond Muffin	✔	✘		✔ (Wholemeal, Wheat)		✔			✔			✔ (Almonds)				
Blueberry Breakfast Muffin	✔	✘		✔ (Wholemeal, Oat)		✔			✔			✔ (Walnuts)				
Chocolate Breakfast Muffin	✔	✘		✔ (Wholemeal, Wheat, Oat)		✔			✔			✔ (Walnuts)				
Lemon Breakfast Muffin	✔	✘		✔ (Wholemeal, Wheat, Oat)		✔			✔			✔ (Walnuts)				

	Suitable For		Allergens													
	Vegetarians	Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulpher Dioxide
Cake Stories																
Oreo Chocolate Cake	✔	✔		✔ (Wheat)											✔	
Biscoff Cake	✔	✔		✔ (Barley, Wheat)											✔	
Peanut Butter & Chocolate Chip Cookie Dough	✔	✔		✔ (Wheat)								✔ (Almonds, Peanuts)			✔	
Jammy Biscoff Blondie	✔	✔		✔ (Oat, Wheat)											✔	
Ginger Lime & Coconut Slice	✔	✘		✔ (Wheat)					✔							✔
Chewy Granola Bar	✔	✘		✔ (Oat)					✔							✔
Biscoff Rocky Road	✔	✘		✔ (Wheat)					✔						✔	
Nutella Bueno Blondie	✔	✘		✔ (Wheat)		✔			✔			✔ (Hazelnuts)			✔	
Cherry & Toasted Almond Brownie	✔	✔		✔ (Wheat)								✔ (Almonds)			✔	
Salted Toffee Popcorn Brownio	✔	✘				✔			✔						✔	
The Oreo Brownio	✔	✘		✔ (Wheat)		✔			✔						✔	
Lemon & White Chocolate Blondie SUMMER	✔	✘		✔ (Wheat)		✔			✔						✔	
Strawberry Rocky Road SUMMER	✔	✘		✔ (Barley, Wheat)					✔						✔	✔
Strawberries & Dream Brownio SUMMER	✔	✘				✔			✔						✔	
Peanut Butter & Jelly Brownio SUMMER	✔	✘				✔			✔				✔		✔	
Jacket Potatoes																
PRODUCT NAME:																
BBQ Pulled Pork & Slaw	✘	✘		✔ (Barley)		✔			✔							
Cheddar & Beans	✔	✘							✔							
Tuna Mayo	✘	✘				✔	✔		✔		✔					
Cheddar & Streaky Bacon	✘	✘							✔							
Chilli Con Carne	✘	✘							✔							
INDIVIDUAL INGREDIENTS:																
Baking Potatoes	✔	✔														
Sweet Potatoes	✔	✔														
Butter Portions	✔	✘							✔							
Flora Portions	✔	✔														
Shredded Cheese Mix	✔	✘							✔							
Vegan Mature Grated Cheese	✔	✔														
Heinz Beans	✔	✔														
Tuna Mayo Filling	✘	✘				✔	✔				✔					
Pulled BBQ Pork Filling	✘	✘		✔ (Barley)												
Beef Chilli Con Carne Filling	✘	✘														
Premium Coleslaw	✔	✘				✔					✔					
Cooked Streaky Bacon	✘	✘														

	Suitable For		Allergens													
	Vegetarians	Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulpher Dioxide
Pizzas																
PRODUCT NAME:																
Margherita	✔	✘		✔ (Wheat)					✔							
Meats	✘	✘		✔ (Wheat)					✔						✔	
Portobello	✘	✘		✔ (Wheat)					✔							
Capra	✔	✘		✔ (Wheat)					✔							✔
Fajita	✘	✘		✔ (Wheat)					✔							
INDIVIDUAL INGREDIENTS:																
Pizza Base 12"	✔	✔		✔ (Wheat)												
GF Pizza Base 9"	✔	✔														
Passata Sieved Tomatoes	✔	✔														
Oregano	✔	✔														
Shredded Cheese Mix	✔	✘							✔							
Vegan Mature Grated Cheese	✔	✔														
Goat's Cheese Log	✔	✘							✔							
Red Onion Marmalade	✔	✔														✔
British Gammon Cured Ham	✘	✘														
Chorizo Slices	✘	✘							✔						✔	
Pepperoni Slices	✘	✘							✔							
Salami Slices	✘	✘														
Sliced Cooked Chicken Breast Fillets	✘	✘														
Fajita Spice Mix	✔	✔														
Spinach Portions	✔	✔														
Portobello Mushrooms	✔	✔														
Red Onion	✔	✔														
Sliced Black Olives	✔	✔														
Sweet Red-Drop Peppers	✔	✔														

	Suitable For		Allergens													
	Vegetarians	Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulpher Dioxide
Coffee																
Latte																
Latte - Made with Skimmed Milk	✔	✘							✔							
Latte - Made with Whole Milk	✔	✘							✔							
Latte - Made with Soya Milk	✔	✔													✔	
Latte - Made with Coconut Soya Milk	✔	✔													✔	
Latte - Made with Almond Milk	✔	✔										✔ (Almond)				
Latte - Made with Oat Milk	✔	✔														
Cappuccino																
Cappuccino - Made with Skimmed Milk	✔	✘							✔							
Cappuccino - Made with Whole Milk	✔	✘							✔							
Cappuccino - Made with Soya Milk	✔	✔													✔	
Cappuccino - Made with Coconut Soya Milk	✔	✔													✔	
Cappuccino - Made with Almond Milk	✔	✔										✔ (Almond)				
Cappuccino - Made with Oat Milk	✔	✔														
Flat White																
Flat White - Made with Skimmed Milk	✔	✘							✔							
Flat White - Made with Whole Milk	✔	✘							✔							
Flat White - Made with Soya Milk	✔	✔													✔	
Flat White - Made with Coconut Soya Milk	✔	✔													✔	
Flat White - Made with Almond Milk	✔	✔										✔ (Almond)				
Flat White - Made with Oat Milk	✔	✔														
Americano																
Americano - No Milk	✔	✔														
Americano - Made with Skimmed Milk	✔	✘							✔							
Americano - Made with Whole Milk	✔	✘							✔							
Americano - Made with Soya Milk	✔	✔													✔	
Americano - Made with Coconut Soya Milk	✔	✔													✔	
Americano - Made with Almond Milk	✔	✔										✔ (Almond)				
Americano - Made with Oat Milk	✔	✔														
Espresso																
Single Espresso	✔	✔														
Double Espresso	✔	✔														
Macchiato																
Single Macchiato - Made with Skimmed Milk	✔	✘							✔							
Single Macchiato - Made with Whole Milk	✔	✘							✔							
Single Macchiato - Made with Soya Milk	✔	✔													✔	
Single Macchiato - Made with Coconut Soya Milk	✔	✔													✔	
Single Macchiato - Made with Almond Milk	✔	✔										✔ (Almond)				
Single Macchiato - Made with Oat Milk	✔	✔														
Double Macchiato - Made with Skimmed Milk	✔	✘							✔							
Double Macchiato - Made with Whole Milk	✔	✘							✔							
Double Macchiato - Made with Soya Milk	✔	✔													✔	
Double Macchiato - Made with Coconut Soya Milk	✔	✔													✔	
Double Macchiato - Made with Almond Milk	✔	✔										✔ (Almond)				
Double Macchiato - Made with Oat Milk	✔	✔														

	Suitable For		Allergens													
	Vegetarians	Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulpher Dioxide
Piccolo																
Piccolo - Made with Skimmed Milk	✓	✗							✓							
Piccolo - Made with Whole Milk	✓	✗							✓							
Piccolo - Made with Soya Milk	✓	✓													✓	
Piccolo - Made with Coconut Soya Milk	✓	✓													✓	
Piccolo - Made with Almond Milk	✓	✓										✓ (Almond)				
Piccolo - Made with Oat Milk	✓	✓														
Single Serve Filter Coffee																
Single Serve Filter Coffee - No Milk	✓	✓														
Single Serve Filter Coffee - Made with Skimmed Milk	✓	✗							✓							
Single Serve Filter Coffee - Made with Whole Milk	✓	✗							✓							
Single Serve Filter Coffee - Made with Soya Milk	✓	✓													✓	
Single Serve Filter Coffee - Made with Coconut Soya Milk	✓	✓													✓	
Single Serve Filter Coffee - Made with Almond Milk	✓	✓										✓ (Almond)				
Single Serve Filter Coffee - Made with Oat Milk	✓	✓														
Tea																
English Breakfast																
Eglish Breakfast - Without Milk	✓	✓														
Earl Grey																
Earl Grey - Without Milk	✓	✓														
Chai																
Chai Tea - Without Milk	✓	✓														
Moroccan Mint																
Moroccan Mint - Without Milk	✓	✓														
Green Tea																
Green Tea - Without Milk	✓	✓														
Fruit Tea																
Fruit Tea - Without Milk	✓	✓														
Lemon & Ginger																
Lemon & Ginger - Without Milk	✓	✓														
CO2 Decaffinated																
CO2 Decaffinated - Without Milk	✓	✓														
Mochas & Hot Chocolate																
Hot Chocolate																
Hot Chocolate - Made with Skimmed Milk	✓	✗							✓							
Hot Chocolate - Made with Whole Milk	✓	✗							✓							
Hot Chocolate - Made with Soya Milk	✓	✓													✓	
Hot Chocolate - Made with Coconut Soya Milk	✓	✓													✓	
Hot Chocolate - Made with Almond Milk	✓	✓										✓ (Almond)				
Hot Chocolate - Made with Oat Milk	✓	✓														
White Hot Chocolate																
White Hot Chocolate - Made with Skimmed Milk	✓	✗							✓							
White Hot Chocolate - Made with Whole Milk	✓	✗							✓							
White Hot Chocolate - Made with Soya Milk	✓	✗							✓						✓	
White Hot Chocolate - Made with Coconut Soya Milk	✓	✗							✓						✓	
White Hot Chocolate - Made with Almond Milk	✓	✗							✓			✓ (Almond)				
White Hot Chocolate - Made with Oat Milk	✓	✗							✓							
Mocha																
Mocha - Made with Skimmed Milk	✓	✗							✓							
Mocha - Made with Whole Milk	✓	✗							✓							
Mocha - Made with Soya Milk	✓	✓													✓	
Mocha - Made with Coconut Soya Milk	✓	✓													✓	
Mocha - Made with Almond Milk	✓	✓										✓ (Almond)				
Mocha - Made with Oat Milk	✓	✓														

	Suitable For		Allergens													
	Vegetarians	Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulpher Dioxide
Speciality Drinks																
Chai Latte																
Chai Latte - Made with Skimmed Milk	✔	✘							✔							
Chai Latte - Made with Whole Milk	✔	✘							✔							
Chai Latte - Made with Soya Milk	✔	✔													✔	
Chai Latte - Made with Coconut Soya Milk	✔	✔													✔	
Chai Latte - Made with Almond Milk	✔	✔										✔ (Almond)				
Chai Latte - Made with Oat Milk	✔	✔														
Superfood Lattes																
Almond Matcha Latte - Made with Almond Milk	✔	✔										✔ (Almond)				
Beetroot Cacao Latte - Oat Milk	✔	✔														
Turmeric Latte - Oat Milk	✔	✔														
Seasonal Spring Summer 2022 Drinks																
Coffee Coconut Frappe																
Coffee Coconut Frappe - Made with Skimmed Milk	✔	✘							✔							
Coffee Coconut Frappe - Made with Whole Milk	✔	✘							✔							
Coffee Coconut Frappe - Made with Soya Milk	✔	✘							✔						✔	
Coffee Coconut Frappe - Made with Coconut Soya Milk	✔	✘							✔						✔	
Coffee Coconut Frappe - Made with Almond Milk	✔	✘							✔			✔ (Almond)				
Coffee Coconut Frappe - Made with Oat Milk	✔	✘							✔							
Millionaire's Shortbread Frappe																
Millionaire's Shortbread - Made with Skimmed Milk	✔	✘		✔ (Wheat)					✔							
Millionaire's Shortbread - Made with Whole Milk	✔	✘		✔ (Wheat)					✔							
Millionaire's Shortbread - Made with Soya Milk	✔	✘		✔ (Wheat)					✔						✔	
Millionaire's Shortbread - Made with Coconut Soya Milk	✔	✘		✔ (Wheat)					✔						✔	
Millionaire's Shortbread - Made with Almond Milk	✔	✘		✔ (Wheat)					✔			✔ (Almond)				
Millionaire's Shortbread - Made with Oat Milk	✔	✘		✔ (Wheat)					✔							
Strawberry Matcha Frappe																
Strawberry Matcha - Made with Skimmed Milk	✔	✘							✔							
Strawberry Matcha - Made with Whole Milk	✔	✘							✔							
Strawberry Matcha - Made with Soya Milk	✔	✘							✔						✔	
Strawberry Matcha - Made with Coconut Soya Milk	✔	✘							✔						✔	
Strawberry Matcha - Made with Almond Milk	✔	✘							✔			✔ (Almond)				
Strawberry Matcha - Made with Oat Milk	✔	✘							✔							
Peanut Butter & Jelly Frappe																
Peanut Butter & Jelly - Made with Skimmed Milk	✔	✘							✔							
Peanut Butter & Jelly - Made with Whole Milk	✔	✘							✔							
Peanut Butter & Jelly - Made with Soya Milk	✔	✘							✔						✔	
Peanut Butter & Jelly - Made with Coconut Soya Milk	✔	✘							✔						✔	
Peanut Butter & Jelly - Made with Almond Milk	✔	✘							✔			✔ (Almond)				
Peanut Butter & Jelly - Made with Oat Milk	✔	✘							✔							
Raspberry & Lime No-Jito Crush																
Raspberry & Lime No-Jito Crush	✔	✔														
Butterfly Pea Lemonade																
Butterfly Pea Lemonade	✔	✔														

	Suitable For		Allergens													
	Vegetarians	Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulpher Dioxide
Frappes & Bubble Milk Tea																
Salted Caramel Latte Frappe (Served Without Cream)																
Salted Caramel Latte Frappe - Made with Skimmed Milk	✔	✘							✔							
Salted Caramel Latte Frappe - Made with Whole Milk	✔	✘							✔							
Salted Caramel Latte Frappe - Made with Soya Milk	✔	✘							✔						✔	
Salted Caramel Latte Frappe - Made with Coconut Soya Milk	✔	✘							✔						✔	
Salted Caramel Latte Frappe - Made with Almond Milk	✔	✘							✔			✔ (Almond)				
Salted Caramel Latte Frappe - Made with Oat Milk	✔	✘							✔							
Raspberry & White Chocolate Frappe (Served Without Cream)																
Raspberry & White Chocolate Frappe - Made with Skimmed Milk	✔	✘							✔							
Raspberry & White Chocolate Frappe - Made with Whole Milk	✔	✘							✔							
Raspberry & White Chocolate Frappe - Made with Soya Milk	✔	✘							✔						✔	
Raspberry & White Chocolate Frappe - Made with Coconut Soya Milk	✔	✘							✔						✔	
Raspberry & White Chocolate Frappe - Made with Almond Milk	✔	✘							✔			✔ (Almond)				
Raspberry & White Chocolate Frappe - Made with Oat Milk	✔	✘							✔							
Mocha Frappe																
Mocha Frappe - Made with Skimmed Milk	✔	✘		✔					✔							
Mocha Frappe - Made with Whole Milk	✔	✘		✔					✔							
Mocha Frappe - Made with Soya Milk	✔	✔													✔	
Mocha Frappe - Made with Coconut Soya Milk	✔	✔													✔	
Mocha Frappe - Made with Almond Milk	✔	✔										✔ (Almond)				
Mocha Frappe - Made with Oat Milk	✔	✔														
Oreo Frappe																
Oreo Frappe - Made with Skimmed Milk	✔	✘		✔ (Wheat)		✔			✔						✔	
Oreo Frappe - Made with Whole Milk	✔	✘		✔ (Wheat)		✔			✔						✔	
Oreo Frappe - Made with Soya Milk	✔	✘		✔ (Wheat)		✔			✔						✔	
Oreo Frappe - Made with Coconut Soya Milk	✔	✘		✔ (Wheat)		✔			✔						✔	
Oreo Frappe - Made with Almond Milk	✔	✘		✔ (Wheat)		✔			✔			✔ (Almond)			✔	
Oreo Frappe - Made with Oat Milk	✔	✘		✔ (Wheat)		✔			✔						✔	
Biscoff Frappe																
Biscoff Frappe - Made with Skimmed Milk	✔	✘		✔ (Wheat)		✔			✔						✔	
Biscoff Frappe - Made with Whole Milk	✔	✘		✔ (Wheat)		✔			✔						✔	
Biscoff Frappe - Made with Soya Milk	✔	✘		✔ (Wheat)		✔			✔						✔	
Biscoff Frappe - Made with Coconut Soya Milk	✔	✘		✔ (Wheat)		✔			✔						✔	
Biscoff Frappe - Made with Almond Milk	✔	✘		✔ (Wheat)		✔			✔			✔ (Almond)			✔	
Biscoff Frappe - Made with Oat Milk	✔	✘		✔ (Wheat)		✔			✔						✔	
Brown Sugar Bubble Milk Tea																
Brown Sugar Bubble Milk Tea - Made with Skimmed Milk	✔	✘							✔							✔
Brown Sugar Bubble Milk Tea - Made with Whole Milk	✔	✘							✔							✔
Brown Sugar Bubble Milk Tea - Made with Soya Milk	✔	✘							✔						✔	✔
Brown Sugar Bubble Milk Tea - Made with Coconut Soya Milk	✔	✘							✔						✔	✔
Brown Sugar Bubble Milk Tea - Made with Almond Milk	✔	✘							✔			✔ (Almond)				✔
Brown Sugar Bubble Milk Tea - Made with Oat Milk	✔	✘							✔							✔
Crushes																
Mango & Passion Fruit Crush																
Mango & Passion Fruit Crush	✔	✔														

	Suitable For		Allergens													
	Vegetarians	Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulpher Dioxide
Iced Teas & Lemonades																
Peach Iced Tea																
Peach Iced Tea	✔	✔														
Passion Fruit Lemonade																
Passion Fruit Lemonade	✔	✔														
Passion Fruit & Strawberry Bubble Lemonade																
Passion Fruit & Strawberry Bubble Lemonade	✔	✔														
Strawberry Lemonade																
Strawberry Lemonade	✔	✔														
Iced Lattes																
Matcha Iced Latte																
Matcha Iced Latte - Made with Skimmed Milk	✔	✘							✔							
Matcha Iced Latte - Made with Whole Milk	✔	✘							✔							
Matcha Iced Latte - Made with Soya Milk	✔	✔													✔	
Matcha Iced Latte - Made with Coconut Soya Milk	✔	✔													✔	
Matcha Iced Latte - Made with Almond Milk	✔	✔										✔ (Almond)				
Matcha Iced Latte - Made with Oat Milk	✔	✔														
Iced Latte																
Iced Latte - Made with Skimmed Milk	✔	✘							✔							
Iced Latte - Made with Whole Milk	✔	✘							✔							
Iced Latte - Made with Soya Milk	✔	✔													✔	
Iced Latte - Made with Coconut Soya Milk	✔	✔													✔	
Iced Latte - Made with Almond Milk	✔	✔										✔ (Almond)				
Iced Latte - Made with Oat Milk	✔	✔														
Iced Cappuccino																
Iced Cappuccino - Made with Skimmed Milk	✔	✘							✔							
Iced Cappuccino - Made with Whole Milk	✔	✘							✔							
Iced Cappuccino - Made with Soya Milk	✔	✔													✔	
Iced Cappuccino - Made with Coconut Soya Milk	✔	✔													✔	
Iced Cappuccino - Made with Almond Milk	✔	✔										✔ (Almond)				
Iced Cappuccino - Made with Oat Milk	✔	✔														
Iced Americano																
Iced Americano - Without Milk	✔	✔														
Iced Americano - Made with Skimmed Milk	✔	✘							✔							
Iced Americano - Made with Whole Milk	✔	✘							✔							
Iced Americano - Made with Soya Milk	✔	✔													✔	
Iced Americano - Made with Coconut Soya Milk	✔	✔													✔	
Iced Americano - Made with Almond Milk	✔	✔										✔ (Almond)				
Iced Americano - Made with Oat Milk	✔	✔														
Blitzes																
Breakfast Blitz																
Breakfast Blitz	✔	✔													✔	
Beet it Blitz																
Beet it Blitz	✔	✔														✔
Sunshine Blitz																
Sunshine Blitz	✔	✔	✔													✔
Vitamin C Blitz																
Vitamin C Blitz	✔	✔														

	Suitable For		Allergens													
	Vegetarians	Vegans	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulpher Dioxide
Drink Extras																
Nutella	✔	✘							✔			✔ (Hazelnut)			✔	
White Granulated Sugar Sticks	✔	✔														
Brown Demerara Sugar Sticks	✔	✔														
Canderel Sweetner	✔	✘							✔							
Marshmallows	✘	✘														
Whole Milk	✔	✘							✔							
Skimmed Milk	✔	✘							✔							
Alpro Soya Milk	✔	✔													✔	
Alpro Coconut Soya Milk	✔	✔													✔	
Alpro Almond Milk	✔	✔										✔ (Almond)				
Alpro GF Oat Milk	✔	✔														
Whipping Cream	✔	✘							✔							
Hopla Whipped Vegan Aerosol	✔	✔													✔	
Caramel Syrup	✔	✔														
(Sugar Free) Caramel Syrup	✔	✔														
Cinnamon Syrup	✔	✔														
Hazelnut Syrup	✔	✔										✔ (Hazelnut)				
(Sugar Free) Hazelnut Syrup	✔	✔										✔ (Hazelnut)				
Vanilla Syrup	✔	✔														
(Sugar Free) Vanilla Syrup	✔	✔														
Belgian Dark Chocolate Sauce	✔	✔														
Caramel Sauce	✔	✘							✔							
White Chocolate Sauce	✔	✘							✔							
Chocolate Sprinkles	✔	✔													✔	
Chai Latte Powder	✔	✔														
Hot Chocolate Powder	✔	✔														
White Hot Chocolate Powder	✔	✘							✔							
Matcha Powder	✔	✔														
Vanilla Frappe Powder	✔	✔														
Raspberry Fruit Puree	✔	✔														
Strawberry Fruit Puree	✔	✔														
Mango Fruit Puree	✔	✔														
Passion Fruit Puree	✔	✔														
Yuzu Fruit Puree	✔	✔														
Lotus Biscoff Biscuits	✔	✔		✔ (Wheat)											✔	
Pumpkin Spice Dusting	✔	✔														
Cinnamon Dusting	✔	✔														
Pumpkin Spice Syrup	✔	✔														
Gingerbread Syrup	✔	✔														
Toffee Nut Syrup	✔	✔														
Black Forest Syrup	✔	✔														
Honeycomb Syrup	✔	✔														
Mini Gingerbreadman	✔	✔		✔ (Wheat)												
Zuma Caramel Crunch	✔	✘							✔						✔	
Taylerson's Hot Cross Bun Syrup	✔	✔														
Lindt Gold Bunny	✔	✘		✔ (Barley)					✔						✔	
Café Bronte All Butter Shortbread	✔	✘		✔ (Wheat)					✔							
Crushed Biscuit Topping	✔	✔		✔ (Wheat)												
Dessicated Coconut	✔	✔														✔
Sweetbird Strawberry Smoothie	✔	✔														
Sweetbird Lemon Smoothie	✔	✔														
Sweetbird Peanut Butter Syrup	✔	✔														
Sweetbird Liquid Frappe Base (Granita Syrup)	✔	✔														
Monin Lime Fruit Puree	✔	✔														
Monin Frosted Mint Syrup	✔	✔														
Butterfly Pea Tea Flowers	✔	✔														